

Character Growth Index – Observer Report

Based on the Youth Strengths Test (YST)

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The CGI Observer Report was created by changing the YST tense from first-person (“I”) to third-person (“the person,” “s/he,” “him/her”). YST is adapted from the Brief Strengths Test, the work of Chris Peterson, University of Michigan. © 2004 Christopher Peterson. Used with permission. Chris approved Mark’s adaptation of the BST to create YST, a developmentally appropriate version for ages 11-18, in 2007.

The YST and this CGI-Observer Report are dedicated in memory of Chris.

“Other people matter.” Christopher Peterson, PhD (February 18, 1950-October 9, 2012)

Instructions

Please answer these identifying questions:

What is the student ID# of the person you are describing? _____

What relationship do you have with the person you are describing?

Parent Family Teacher Friend Mentor/Boss Other

*Please read each statement carefully. Think about how you have observed the person you are describing in the actual situations below **during the past month or most recently**. Please answer only in terms of what YOU actually saw or heard him/her do. “S/he” is used to denote either ‘she’ or ‘he’.*

1. Think of actual situations where the person had the opportunity to do something new, inventive, unique, or original. How often did s/he use CREATIVITY or INGENUITY?

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10
Never Sometimes Usually Always

2. Think of actual situations where the person had the opportunity to explore or investigate something new, ask questions about something, or do something different. How often did s/he show CURIOSITY or INTEREST?

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Never Sometimes Usually Always

3. Think of actual situations where the person had to determine another’s motives and truthfulness and choose if s/he would trust them. How often did s/he use DISCERNMENT, OPEN-MINDEDNESS, or GOOD JUDGMENT to figure out what to do?

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Never Sometimes Usually Always

4. Think of actual situations where the person had the opportunity to learn more about or experiment with some new topic of interest. How often did s/he show LOVE OF LEARNING?

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Never Sometimes Usually Always

5. Think of actual situations where the person had the opportunity to make an important decision or offer advice. How often did s/he use INSIGHT, PERCEPTION, PERSPECTIVE, or WISDOM?

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Never Sometimes Usually Always

6. Think of actual situations where the person experienced fear, threat, danger, challenge, embarrassment, or discomfort. How often did s/he act with BRAVERY or COURAGE?

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Never Sometimes Usually Always

7. Think of actual situations where the person faced a hard and time-consuming task. How often did s/he use PERSEVERANCE, DETERMINATION, or PERSISTENCE to finish the job?

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Never Sometimes Usually Always

8. Think of actual situations where it was possible for the person to lie, steal, cheat, mislead, or withhold the truth. How often did s/he show HONESTY, INTEGRITY, or TRUTHFULNESS?

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Never Sometimes Usually Always

9. Think of the person's everyday life. How often did s/he feel and show JOY, EXCITEMENT or ENTHUSIASM?

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Never Sometimes Usually Always

10. Think of the person's everyday life. How often did s/he express LOVE, CONCERN, CARE FOR, or ATTACHMENT to others (friends, family members) and accept LOVE?

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Never Sometimes Usually Always

11. Think of the person's everyday life. How often did s/he show KINDNESS, CONSIDERATION, COMPASSION, or GENEROSITY to others?

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Never Sometimes Usually Always

12. Think of actual social situations where the person needed to understand how to act, what other people wanted, and how to help them feel at ease. How often did s/he use SOCIAL INTELLIGENCE, SOCIAL SKILLS, or ENCOURAGEMENT?

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Never Sometimes Usually Always

13. Think of actual situations where the person was a member of a group that needed his/her help and loyalty. How often did s/he show TEAMWORK and COOPERATION?

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Never Sometimes Usually Always

14. Think of actual situations where the person had some power or influence over two or more other people. How often did s/he use FAIRNESS?

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Never Sometimes Usually Always

15. Think of actual situations where the person was a member of a group that needed direction to get each to do what they could to help. How often did s/he use LEADERSHIP?

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Never Sometimes Usually Always

16. Think of actual situations where someone hurt this person. How often did s/he show FORGIVENESS or MERCY?

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Never Sometimes Usually Always

17. Think of actual situations when this person could have bragged about what s/he had done, become the center of attention, or acted better than others. How often did s/he show MODESTY or HUMILITY?

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Never Sometimes Usually Always

18. Think of actual situations where this person was tempted to do something that s/he might later regret. How often did s/he move carefully and use FORESIGHT, DISCRETION, or CAUTION?

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Never Sometimes Usually Always

19. Think of actual situations where this person experienced desires, impulses, or emotions that the situation demanded s/he control. How often did s/he use SELF-CONTROL or SELF-REGULATION?

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Never Sometimes Usually Always

20. When this person was around something that was outstanding in its beauty or excellence, how often did s/he feel or show APPRECIATION or AWE?

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Never Sometimes Usually Always

21. Think of actual situations where someone else helped or benefited this person. How often did s/he seem to feel and express GRATITUDE and THANKFULNESS?

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Never Sometimes Usually Always

22. Think of actual situations where this person experienced failure or a setback or when s/he considered the future. How often did s/he show HOPE or OPTIMISM?

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Never Sometimes Usually Always

23. Think of this person's everyday life. How often is s/he appropriately GOOD-NATURED, PLAYFUL, and HUMOROUS?

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Never Sometimes Usually Always

24. Think of this person's everyday life. How often does s/he express FAITH, SPIRITUALITY, or a deep SENSE OF MEANING AND PURPOSE?

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Never Sometimes Usually Always

25. Think of this person's everyday life. How often does s/he have the RESPONSIBILITY to admit when s/he did something wrong and to be reliable, consistent, and dependable?

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Never Sometimes Usually Always

26. Think of this person's everyday life. How often is s/he AWARE of his/her strengths, abilities, and appearance and show healthy CONFIDENCE and SELF-RESPECT?

0-----1-----2-----3-----4-----5-----6-----7-----8-----9-----10
Never Sometimes Usually Always

27. Think of this person's everyday life. How often does s/he give HONOR to whom it is due, especially those in authority, and show RESPECT toward others, their property, and rights?

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Never Sometimes Usually Always

28. Think of this person's everyday life. How often does s/he live his/her life and deal with stress with PEACE and TRANQUILITY, even when others are mean or angry?

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Never Sometimes Usually Always